

In the Claims:

1. (amended) A wearable book, comprising a plurality of pages having information thereon, connected by at least two spaced apart connectors to a loop adapted for encircling a first body portion for attaching said pages to the body, wherein said pages are of substantially the same size and shape as each other and have corresponding first edges, said pages being bound together at said first edges.
2. (amended) The wearable book of claim 1, wherein said pages and said information the images and the text thereon are substantially resistant to environmental factors immersion in water.
3. (canceled)
4. (amended) The wearable book of claim 1, wherein said pages are made of comprise a synthetic paper.
5. (amended) The wearable book of claim 4, wherein said pages are made of a synthetic paper comprising comprise more than one layer of a synthetic paper where at least one layer is adapted to receive printing inks or toners.
6. (original) The wearable book of claim 1, wherein at least one of said pages includes a picture of an animal.
7. (original) The wearable book of claim 1, wherein at least one of said pages includes a picture of a plant.
8. (original) The wearable book of claim 1, wherein at least one of said pages includes a picture of a fungus.

9. (original) The wearable book of claim 1, wherein at least one of said pages includes a picture of an astronomical object.
10. (original) The wearable book of claim 1, wherein at least one of said pages includes a picture of a rock or mineral.
11. (amended) The wearable book of claim 1, wherein at least one of said pages includes at least one word in a ~~foreign~~ first language associated with an explanatory image or word in a ~~non-foreign~~ second language different from said first language.
12. (original) The wearable book of claim 1, wherein said loop has at least about 50% elasticity, for stretching the loop over a second body portion having a substantially larger circumference than said first body portion and thereafter snugly circumferentially contacting said first body portion with said loop.
13. (original) The wearable book of claim 1, wherein said pages are formed of water-resistant synthetic paper and bear information and are adapted to resist deterioration upon exposure to water, the book further comprising a continuous, flexible, elastic loop formed of plastic in a helical, spring-like configuration of at least about 50% elasticity, said loop being adapted to encircle a body part of said wearer such that said loop contacts substantially the entire circumference of said body part while bearing the weight of said pages, and which may be donned, doffed or repositioned by stretching said loop, and further comprising connectors that attach said pages to said loop, said connectors comprising plastic tie tabs.
14. (amended) A wearable book, comprising a plurality of pages connected by at least two spaced apart connectors to a loop adapted for encircling a first portion of the body for attaching said pages to the body, wherein said loop has at least about 50% elasticity, for

stretching the loop over a second body portion having a substantially larger circumference than said first body portion and thereafter snugly circumferentially contacting said first body portion with said loop.

15. (amended) The wearable book of claim 14, wherein said pages and the images said pictures and said text thereon are substantially resistant to ~~environmental factors~~ immersion in water.
16. (canceled)
17. (amended) The wearable book of claim 14, wherein said pages ~~are made of~~ comprise a synthetic paper.
18. (amended) The wearable book of claim 17, wherein said pages ~~are made of~~ comprise a synthetic paper comprising more than one layer where at least one layer is adapted to receive printing inks or toners.
19. (original) The wearable book of claim 14, wherein at least one of said pages includes a picture of an animal.
20. (original) The wearable book of claim 14, wherein at least one of said pages includes a picture of a plant.
21. (original) The wearable book of claim 14, wherein at least one of said pages includes a picture of a fungus.
22. (original) The wearable book of claim 14, wherein at least one of said pages includes a picture of an astronomical object.

23. (original) The wearable book of claim 14, wherein at least one of said pages includes a picture of a rock or mineral.

24. (amended) A method for carrying and viewing information, comprising:

providing the information on a plurality of pages of substantially the same size and shape as each other, the pages having corresponding first edges;

binding the pages at said first edges to a loop with at least two spaced apart connectors; and

encircling a first portion of the body with said loop.

25. (amended) The method of claim 24, wherein the pages and the images and text thereon are substantially resistant to environmental factors immersion in water.

26. (canceled).

27. (original) The method of claim 24, wherein at least one of the pages includes a picture of an animal.

28. (amended) The method of claim 27, further directed to identifying an animal within visual range of an observer, comprising finding viewing the animal and comparing the animal as viewed with said picture to identify the animal.

29. (original) The method of claim 28, wherein the pages are substantially water resistant, and wherein the animal is in a wet environment.

30. (original) The method of claim 29, wherein the animal is a living marine animal.

31. (original) The method of claim 24, wherein at least one of said pages includes a picture of a plant or fungus.

32. (amended) The method of claim 31, further directed to identifying a plant or fungus within visual range of an observer, comprising finding viewing the plant or fungus and comparing the plant or fungus as viewed with said picture to identify the plant or fungus.

33. (original) The method of claim 32, wherein the pages are substantially water resistant, and wherein the plant or fungus is in a wet environment.

34. (original) The method of claim 24 further comprising first binding said pages together then subsequently binding them to said loop.

35. (amended) A method for carrying and viewing information, comprising:

providing the information on a plurality of pages;

binding said pages together with a loop with at least two spaced apart connectors;
and

stretching the loop over a first body portion having a substantially larger circumference than a second body portion, thereafter snugly circumferentially contacting said second body portion with said loop.

36. (original) The method of claim 35, wherein the pages are substantially water resistant.

37. (original) The method of claim 35, wherein at least one of the pages includes a picture of an animal.

38. (amended) The method of claim 37, further directed to identifying an animal within visual range of an observer, comprising finding viewing the animal and comparing the animal as viewed with said picture to identify the animal.
39. (original) The method of claim 38, wherein the pages are substantially water resistant, and wherein the animal is in a wet environment.
40. (original) The method of claim 39, wherein the animal is a living marine animal.
41. (original) The method of claim 35, wherein at least one of said pages includes a picture of a plant.
42. (amended) The method of claim 41, further directed to identifying a plant within visual range of an observer, comprising finding viewing the plant and comparing the plant as viewed with said picture to identify the plant.
43. (original) The method of claim 42, wherein the pages are substantially water resistant, and wherein the plant is in a wet environment.
44. (amended) The method of claim 35, wherein the pages are of substantially the same size and shape as each other and have corresponding first edges, the method further comprising binding the pages together at said first edges.
45. (original) The method of claim 35 further comprising first binding said pages together then subsequently binding them to said loop.